

November 2024

WMCTC

LUNCH MENU

Weekly
Special:

Menu Item
Name

Menu Item
Name

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering
potential.

MON

TUES

WED

THURS

FRI

Orange Chicken
& Rice

VEG Of The Day
Peas
Fruit of the Day
Oranges

Waffles &
Sausage

VEG Of The Day
Hashbrowns
Fruit of the Day
Mixed Fruit

No School

Spaghetti &
Meatballs

VEG Of The Day
Broccoli
Fruit of the Day
Diced Peaches

Bosco
Sticks

VEG Of The Day
Green Beans
Fruit of the Day
Applesauce

Meatball
Sandwich

VEG Of The Day
Peas
Fruit of the Day
Oranges

French
Toast &
Sausage

VEG Of The Day
Hashbrowns
Fruit of the Day
Mixed Fruit

Walking
Taco

VEG Of The Day
Carrots
Fruit of the Day
Diced Pears

Mexican
Lasagna

VEG Of The Day
Broccoli
Fruit of the Day
Diced Peaches

Roast
Turkey &
Stuffing

VEG Of The Day
Green Beans
Fruit of the Day
Applesauce

Chicken
Tacos

VEG Of The Day
Peas
Fruit of the Day
Oranges

Pancakes &
Sausage

VEG Of The Day
Hashbrowns
Fruit of the Day
Mixed Fruit

Teriyaki
Chicken
& Rice

VEG Of The Day
Carrots
Fruit of the Day
Diced Pears

Egg Roll
& Rice

VEG Of The Day
Broccoli
Fruit of the Day
Diced Peaches

General Tso's
Chicken & Rice

VEG Of The Day
Green Beans
Fruit of the Day
Applesauce

Orange Chicken
& Rice

VEG Of The Day
Peas
Fruit of the Day
Oranges

No School

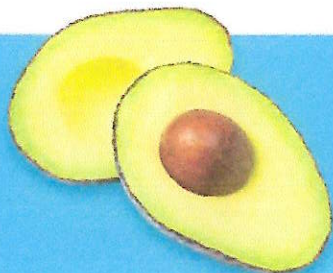
No School

No School

No School

No School

Menus are subject to change.



Available Daily:

Cheeseburger/Hamburger
Grilled Cheese
Pepperoni Pizza/Cheese Pizza
Popcorn Chicken Spicy/Plain
Mini Corn Dogs
Pizza Crunchers

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.

